

Preventative Healthcare 2025

Prevention healthcare, at a glance

Preventive screening is important in making sure you detect medical conditions early and we can ensure the best care for you.

The tests that the Prevention Healthcare Benefit covers

Flu immunisations

Flu vaccination – one (1) per beneficiary per year (any flu vaccine).

Pap Smear (pathology)

Female beneficiaries 13 years and older. Codes 4566 / 4559

Blood sugar test (pathology)

All beneficiaries. Codes 4050 / 4057

Cholesterol test (pathology)

All beneficiaries. Code 4027

Prostate test (pathology)

Male beneficiaries. Code 4519

HIV test

All beneficiaries.

Bone density scan (for osteoporosis and bone fragmentation)

All beneficiaries 50 years and older. Codes 3604 / 50120

Mammogram (radiology image)

All beneficiaries. Codes 3605 / 39175 / 34100 / 34101 / 34200

Baby and child immunisations

Standard immunisations up to the age of twelve (12) years in accordance with the Department of Health protocols (excluding the HPV vaccine) but including MMR vaccine for measles, mumps and rubella (also called German measles).

The vaccine must be obtained from a DSP pharmacy in order for it to be funded from the risk benefit. Vaccines obtained from non DSP pharmacies will fund from the MSA.

Health Risk Assessment tests

Netcare Medical Scheme will fund a basket of Health Risk Assessment Screening Tests from Medical Savings Account if the service is obtained at an Exclusive Clicks Pharmacy.

The basket of tests will be as follows:

- BMI
- Blood pressure
- Cholesterol screening
- Glucose screening
- Price: R209.88 including VAT
- This benefit is available to members 18 years and older.
- Members will accumulate Vitality points if they have these tests.

Complaints process

You may lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 /0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za.

Who we are

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

Contact details

You can call us on 0861 638 633 or visit www.netcaremedicalscheme.co.za for more information.