

## **Chronic Illness Benefit medicine list (formulary) for the Chronic Disease List (CDL) conditions and the non-CDL conditions 2025**

### **Who we are**

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

### **Contact details**

You can call us on 0861 638 633 or visit [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za) for more information.

### **Important information you need to know**

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Netcare Medical Scheme rules. The use of the benefits and programmes linked with the CIB are subject to specific conditions and rules. Members must make sure that they know these rules and conditions. The Netcare Medical Scheme rules can be accessed on [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za).

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

The CIB covers a comprehensive list of chronic conditions that includes asthma, diabetes, high cholesterol and high blood pressure. The Chronic Disease List (CDL) is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

You have full cover for approved medicine on the Scheme's medicine list. Approved medicine not on the medicine list will be funded up to the Chronic Drug Amount (CDA).

Netcare Medical Scheme reserves the right to change the benefit at any time.

For more information call us on 0861 638 633 or visit us at [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za).

## About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) is applicable for 2025 only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The CDA is a set monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
Non-CDL conditions	Additional chronic conditions covered by Netcare Medical Scheme.
Prescribed Minimum Benefit (PMB) conditions	<p>In terms of the Medical Schemes Act of 1998 (Act number 131 of 1998) and its regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of any life-threatening emergency medical condition, a defined set of 271 diagnoses and 27 chronic conditions. These conditions and their treatments are known as the Prescribed Minimum Benefits (PMB).</p> <p>All medical schemes in South Africa have to include the Prescribed Minimum Benefits in the health plans they offer to their members. There are, however, certain requirements that a member must meet before he or she can benefit from the Prescribed Minimum Benefits. The three requirements are:</p> <ul style="list-style-type: none"> <li>• The condition must be part of the list of defined PMB conditions</li> <li>• The treatment needed must match the treatments in the defined benefits on the PMB list</li> </ul> <p>Members must use the scheme's designated healthcare service providers.</p>



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## The Chronic Disease List (CDL) medicine list (formulary) for Netcare Medical Scheme

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Addison's disease</b>	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
<b>Asthma</b>	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Aeromide 300 dose 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
Spirodisc 60 dose 50/100; 50/250; 50/500				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
<b>Bipolar mood disorder</b>	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Bipolar mood disorder</b>	R130	Anti-depressants: SSRI's	Escitalopram	Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
				Sertraline
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
	Valeptic CR 300mg; 500mg			
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Olandus 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Bipolar mood disorder</b>	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
Rispide 0.5mg; 1mg; 2mg				
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Zoxadon ODT 0.5mg; 1mg; 2mg				
<b>Bronchiectasis</b>	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
<b>Cardiac failure</b>	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Cardiac failure	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg		
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg		
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg	
			Hypace 5mg			
			Natrapress 10mg; 20mg			
			Tenezil 10mg; 20mg			
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
				Lizro 5mg; 10mg; 20mg		
			Perindopril	Pearinda 4mg; 8mg		
				Perdotor 4mg; 8mg		
				Perindopril Unicorn 4mg; 8mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg		
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
				Rubitrend 6.25mg; 12.5mg; 25mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg		
				Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Hylokat 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
			Zartan co 50/12.5mg; 100/25mg			
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
			R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
						Trobet 150mg; 300mg
	Losartan	Annin 50mg; 100mg				
		Austell Losartan 50mg; 100mg				
Losartan Accord 50mg; 100mg						
Losartan Macleods 50mg; 100mg						
Normoten 50mg; 100mg						
Zaario 50mg; 100mg						
Zartan 50mg; 100mg						



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R110	Angiotensin II antagonists: Plain	Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25mg Accord 25mg	
			Spironolactone 25 Kiara 25mg	
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril
			Hypace 5mg	
			Natrapress 10mg; 20mg	
			Tenezil 10mg; 20mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Rubitrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg
Niosar co 80/12.5mg; 160/12.5mg; 160/25mg				
Regoval co 80/12.5mg; 160/12.5mg; 160/25mg				
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Trobet 150mg; 300mg	
		Losartan	Annin 50mg; 100mg	
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	





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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Losartan	Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
			R85	Anti-thrombotic agents: Vitamin K antagonists
	Segavin 5mg			
	Warfarin 5mg Austell 5mg			
	Warfarin 5 Unicorn 5mg			
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
R40	High-ceiling diuretics	Furosemide	Defulide 40mg	
			Furobe 40mg	
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	
			Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Cipla-Indapamide 2.5mg	
			Dapril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R120	Potassium sparing agents	Spironolactone	Spironolactone 25mg Accord 25mg
				Spironolactone 25 Kiara 25mg
	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
Monicor SR 60mg				
Chronic obstructive pulmonary disease (COPD)	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
				Lisinopril
			Perindopril	Lizro 5mg; 10mg; 20mg
				Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
	Ran-Perindopril 4mg			
Reprex 4mg; 8mg				
R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg	
			Austell Losartan co 50/12.5mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
Zartan 50mg; 100mg				
Telmisartan			Telpres 40mg; 80mg	
			Tesminol 40mg; 80mg	
			Ticarda 40mg; 80mg	
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
R70			Beta blocking agents: Selective	Bisoprolol
	Biloblok 5mg; 10mg			
	Bilocor 5mg; 10mg			
	Bislo 5mg; 10mg			
	Bisoprolol Unicorn 5mg; 10mg			
	Emcor 5mg; 10mg			
	Presicard 5mg; 10mg			
R300	Calcium supplements	Calcium carbonate	B-cal	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Gulf Folic acid 5mg	
R50	Iron bivalent, oral preparations	Ferrous sulfate	Ferrous sulphate 75mg	
R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml	
			Equifer ampoule 5ml 100mg/5ml	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R535	Iron, parenteral preparations	Iron, parenteral preparations	Fortitem ampoule 5ml	20mg/1ml
				Innofer ampoule 5ml	100mg/5ml
				Rautevene ampoule 5ml	100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
				Erythropoietin	Eporex pre-fill
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml	50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	200mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	250mcg/0.3ml
Roxadustat	Evrenzo	20mg; 50mg; 70mg; 100mg; 150mg			
R365	Vitamin D and analogues	Alfacalcidol	Zodoray	0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin	100mg
				Myoprin	100mg
				Trinprin	100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya	50mg; 100mg
				B-Block	50mg; 100mg
				Gulf Atenolol	50mg; 100mg
				Tenopress	50mg; 100mg
			Bisoprolol	Adco-Bisocor	5mg; 10mg
				Biloblok	5mg; 10mg
				Bilacor	5mg; 10mg
				Bislo	5mg; 10mg
				Bisoprolol Unicorn	5mg; 10mg
				Emcor	5mg; 10mg
Presicard	5mg; 10mg				
R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg	
		Verapamil	Verahexal 240 SR	240mg	
			Verapamil 40 Oethmaan	40mg	

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength			
Coronary artery disease	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg		
				Amlodac	5mg; 10mg		
				Amlodipine Unicorn	5mg; 10mg		
				Amtas	5mg; 10mg		
				Aprate	5mg; 10mg		
				Austell-Amlodipine	5mg; 10mg		
				Ciplavasc	5mg; 10mg		
				Gulf Amlodipine	5mg; 10mg		
				Pendine	5mg; 10mg		
				Vasloc	5mg; 10mg		
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg		
				Isosorbide mononitrate	Ismo	20mg	
					Monicor SR	60mg	
					Felodipine	Felodipine Kiara	5mg; 10mg
						Nifedipine	Adalat XL
Cipalat Retard	20mg						
Cipalat XR	30mg; 60mg						
Fedaloc SR	30mg; 60mg						
Fidocare XL	30mg; 60mg						
Gitsalat	30mg						
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg		
				Gulf Folic acid	5mg		
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg		
				Asacol suppository	500mg		
				Mezavant	1200mg		
				Pentasa	500mg		
				Pentasa suppository	1000mg		
				Salofalk	1500mg		
	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Salazopyrin	500mg		
				Salazopyrin EN	500mg		
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Entocord enema	0.02mg/1ml		
				Azamun	50mg		
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Azathioprine PCH	50mg		
				Abitrexate	2.5mg		
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Methotrexate	2.5mg		
Be-Tabs Prednisone				5mg			
Panafcort				5mg			
				Trolic	5mg		



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp nasal spray 5ml 0.1mg/1ml
				Minirin melt 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.</b>			
	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
				Novorapid - penfill 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Glulisine	Apidra - cartridge 3ml
				Insulin Degludec and Insulin Aspart
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro	
				Humalog mix 50 - cartridge 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Levemir - pre-filled cartridge 3ml
				Optisulin - cartridge 3ml
	R200	Blood glucose monitoring agents	Glucose strips	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
				Accu check test strip glucose active
				Accu check test strip glucose instant
				Contour plus blood glucose test strips
				Contour ts blood glucose test strips
				Glucocheck evolve test strip
				Glucocheck key test strip
				On call plus blood glucose strips
				On call sure blood glucose test strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
	Test strip glucocheck connekt			
	Test strip glucose blood fora 6			
	Test strip glucose caresens n 29g			
	Test strip glucose fora diamond blood			
Test strip glucose vivachek ino				
R350	Surgical item	Lancets	Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet freestyle test	
			Lancet glucocheck novicheck	
			Lancet solus v2	
			Lancet unilet sterile 28g	
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R350	Surgical item	Lancets	Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
			Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
Syringe insulin bd microfine 1ml 8mm 30g				
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex-Metformin 500mg
				Bigsens 500mg; 850mg; 1000mg
				Carbuce 500mg; 850mg; 1000mg
				Diaphage 500mg; 850mg; 1000mg
				Gluconorm 500mg; 850mg
				Mylan Metformin 500mg; 850mg; 1000mg
				Romidab 500mg; 850mg; 1000mg
<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b>				
<b>The overall monthly limit is R720.</b>				
R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
			Novorapid - penfill 3ml	
R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart	Apidra - cartridge 3ml	
			Insulin Lispro	
		Humalog mix 25 - cartridge 3ml		
R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Humalog mix 50 - cartridge 3ml	
			Levemir - pre-filled cartridge 3ml	
R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Optisulin - cartridge 3ml	
			Diaran MR 60mg	
			Dynacaz MR 30mg; 60mg; 90mg	
			Gliclazide MR Austell 60mg	
			Gliclazide Unicorn MR 30mg	
Gluctam MR 60mg				



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Glyzid MR 30mg; 60mg
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
				Pioglitazone hydrochloride Macleods 15mg; 30mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
				Accu check test strip glucose instant
				Contour plus blood glucose test strips
				Contour ts blood glucose test strips
				Glucocheck evolve test strip
				Glucocheck key test strip
				On call plus blood glucose strips
				On call sure blood glucose test strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optimum glucose
				Test strip glucocheck connect
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
	Test strip glucose fora diamond blood			
	Test strip glucose vivachek ino			
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
Lancet solus v2				
Lancet unilet sterile 28g				
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
Microlet lancet				
Needles			BD micro fine plus pen needle 30g 8mm	
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
Needle insulin fora pen 31g 8mm				
Needle insulin fora pen 32g 4mm				
Needle insulin fora pen 32g 6mm				



Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Needles	Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
				Needle novofine
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
				Syringe insulin bd microfine 1ml 8mm 30g
				Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R380	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
				R85
	Segavin 5mg			
	Warfarin 5mg Austell 5mg			
	Warfarin 5 Unicorn 5mg			
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
Emcor 5mg; 10mg				
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R130	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikepp 250mg; 500mg; 750mg
				Levetiracetam Unicorn 250mg; 750mg
			Topiramate	Epimate 25mg; 50mg; 100mg
Epitoz 25mg; 50mg; 100mg				
Toplep 50mg; 100mg; 200mg				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Gulf Folic acid 5mg	
Glaucoma	R235	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
			Dorzolamide	Glaucopress 5ml 2%
				Trusopt 5ml owi 2%
	R275	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%
	R260	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	R495	Anti-glaucoma agents: Prostaglandin analogues	Latanoprostene Bunod	Vyzulta 5ml 0.24mg/1ml
	R300	Anti-glaucoma agents: Prostaglandin analogues	Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R275	Anti-glaucoma agents: Prostaglandin analogues	Travoprost	Travatan 2.5ml 0.004%
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
				Alphagan purite 5ml 1.5mg/1ml
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
				Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
				Azarga 5ml
				Brimoct co 5ml 2mg/5mg
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Duotrav 2.5ml
				Ganfort 3ml
				Glaumide-co 5ml
				Glauptico 3ml
Ocudor co 5ml				
Optitrin				
Timpomat 3ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
				Adco-Prolief 500mg
	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg
				Fibtin 500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
			Coagulation factor IX	Haemosolvex IX 500U
				Octanine F vial 30ml 500U; 1000U
R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml	
			Minirin melt 60mcg; 120mcg; 240mcg	
Hyperlipidaemia	R190	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg
				Dezzolip 10mg; 20mg; 40mg
				Vasmak 10mg; 20mg; 40mg; 80mg



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Hyperlipidaemia	R45	Lipid modifying agents: Statins	Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg		
				Choleste 10mg; 20mg; 40mg		
				Cipla-Simvastatin 10mg; 20mg; 40mg		
				Lipidex 10mg; 20mg		
				Roltesim 10mg; 20mg; 40mg		
				Simcard 10mg; 20mg		
Hypertension	R125	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlissa 4/5mg; 4/10mg; 8/5mg; 8/10mg		
				Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg		
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg		
				Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg		
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg		
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg	
					Pearinda Plus 4/1.25mg; 8/2.5mg	
					Perdotor Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg			
			R180	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplexam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
						Perindopril and Bisoprolol
					R75	
	Enalapril	Enalapril Arya 5mg; 10mg; 20mg				
		Hypace 5mg				
		Natrapress 10mg; 20mg				
		Tenezil 10mg; 20mg				
	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg				
		Lizro 5mg; 10mg; 20mg				
		Perindopril	Pearinda 4mg; 8mg			
			Perdotor 4mg; 8mg			
	Perindopril Unicorn 4mg; 8mg					
	Ran-Perindopril 4mg					
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg		
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
				Rubitrend 6.25mg; 12.5mg; 25mg		
	R190	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Mizart Plus 40/5mg; 40/10mg; 80/5mg; 80/10mg		
				Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg		
				Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg		



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Hypertension	R190	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg		
				Calsar 5/80mg; 5/160mg; 10/160mg		
				Dafiro 5/160mg; 10/160mg		
				Forgevasc 5/160mg; 10/160mg		
				Gemvalaz 5/160mg; 10/160mg		
				Tensoforj 5/160mg; 10/160mg		
				Valduo 5/160mg; 10/160mg		
				Valvasc 5/160mg; 10/160mg		
				Zyvasc 5/160mg; 10/160mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg		
				Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Hylokat 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg	
					Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg			
			Ticarda Plus 40/12.5mg; 80/12.5mg			
			Tremistan Plus 40/12.5mg; 80/12.5mg			
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
				Valheft co 160/12.5mg; 160/25mg		
				R205	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide
			R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
						Trobet 150mg; 300mg
	Losartan	Annin 50mg; 100mg				
		Austell Losartan 50mg; 100mg				
		Losartan Accord 50mg; 100mg				
		Losartan Macleods 50mg; 100mg				
		Normoten 50mg; 100mg				
		Zaario 50mg; 100mg				
Zartan 50mg; 100mg						
Telmisartan	Telpres 40mg; 80mg					
	Tesminol 40mg; 80mg					
	Ticarda 40mg; 80mg					
Valsartan	Adco-Valsartan 80mg; 160mg					
	Niosar 80mg; 160mg					



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Timucen 250mg
	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R105	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Cipla-Indapamide 2.5mg
Daptril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25mg Accord 25mg	
			Spironolactone 25 Kiara 25mg	
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Pendine 5mg; 10mg
				Vasloc 5mg; 10mg
			Felodipine	Felodipine Kiara 5mg; 10mg
			Nifedipine	Adalat XL 30mg
				Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
Fedaloc SR 30mg; 60mg				
			Fidocare XL 30mg; 60mg	
			Gitsalat 30mg	
Hypothyroidism	R30	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg
				Roidace 25mcg; 50mcg; 75mcg; 100mcg
Multiple sclerosis	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
				Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg
	R315	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
				Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
<b>Multiple sclerosis</b>	R20	Systemic Corticosteroids: Prednisone	Prednisone	Trolic 5mg		
<b>Parkinson's disease</b>	R345	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg		
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg		
				Pexasp 0.125mg; 0.25mg; 1mg		
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg		
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg		
				Kinect 1mg		
				Rasapar 1mg		
				Razeda 1mg		
R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg			
			Teva Carbi-Levo 25/100mg; 25/250mg			
<b>Rheumatoid arthritis</b>	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg		
				Diclofenac Biotech 25mg		
				Diclofenac 50mg Clicks 50mg		
				Mylan Diclofenac 25mg; 50mg		
				Panamor AT 50mg		
			Indomethacin	Betacin 25mg		
				Gulf Indomethacin 25mg		
				Methocaps 25mg		
			R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
						Coxflam 7.5mg
	Flexocam 7.5mg					
	Piroxicam	Pyrocaps 20mg				
		Roxifen 20mg				
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg		
				Bren 400mg		
				Ibucine 200mg; 400mg		
				Ibunate 200mg		
				Ibusor 200mg		
			Naproxen	Napinfram 250mg		
				Naproscript 250mg		
R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
			Gulf Folic acid 5mg			
R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg			
			Salazopyrin EN 500mg			





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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
<b>Rheumatoid arthritis</b>	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg	
				Ravalef 10mg; 20mg	
				Rheumalef 10mg; 20mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	<b>Schizophrenia</b>	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
Depramil 20mg					
Tamomilt 20mg					
Escitalopram				Accord Escitalopram 10mg; 20mg	
				Dolin 10mg; 20mg	
				Emerdyne 10mg; 20mg	
				Esetam 10mg; 20mg	
				Zyescito 10mg; 20mg	
				Fluoxetine	Fluoxetine 20 Oethmaan 20mg
Zydus Fluoxetine 20mg					
Sertraline				Dyna Sertraline 50mg; 100mg	
				Tralidep 50mg; 100mg	
R385				Anti-epileptics: Carboxamide derivatives	Carbamazepine
		Partid 200mg			
		Tegretol CR 200mg; 400mg			
		Zeptol 200mg			
R430		Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	
				Eprolep CR 200mg; 300mg; 500mg	
				Navalpro CR 200mg; 300mg; 500mg	
				Navalpro liquid 200mg/5ml	
				Rubilim CR 200mg; 300mg; 500mg	
	Valeptic CR 300mg; 500mg				
R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg		
			Epitec 25mg; 50mg; 100mg; 200mg		
			Lamitor 25mg; 50mg; 100mg; 200mg		

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R325	Anti-epileptics: Other agents	Lamotrigine	Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
Aprizon 5mg; 10mg; 15mg				
Arizofy 5mg; 10mg; 15mg				
Priptrin 10mg; 15mg				
Radzil 5mg; 10mg; 15mg				
Thryve 5mg; 10mg				
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R360	Other anti-psychotics: Risperidone	Risperidone	Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
				Zoxadon ODT 0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Diclofenac 50mg Clicks 50mg
			Indomethacin	Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
				Betacin 25mg
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Gulf Indomethacin 25mg
				Methocaps 25mg
				Adco-Meloxicam 15mg
			Piroxicam	Coxflam 7.5mg
				Flexocam 7.5mg
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Pyrocaps 20mg
				Roxifen 20mg
				Betaprofen 200mg
			Naproxen	Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Ibusor 200mg
				Napinfram 250mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Naproscript 250mg
Cipla-Warfarin 5mg				
Segavin 5mg				
Warfarin 5mg Austell 5mg				
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Warfarin 5 Unicorn 5mg	
			Coprin 100mg	
			Myoprin 100mg	
R25	Emollients and protectives: Zinc products	Zinc products	Trinprin 100mg	
R10	Folic acid and derivatives	Folic acid	Zinc ointment bp	
			Be-Tabs Folic acid 5mg	
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Gulf Folic acid 5mg	
			Azamun 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Azathioprine PCH 50mg	
			Abitrexate 2.5mg	
				Methotrexate 2.5mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
<b>Systemic lupus erythematosus (SLE)</b>	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
				Topivate cream 0.1%	
<b>Ulcerative colitis</b>	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
				Salofalk 1500mg	
				Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg	
	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml	
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		
			Trolic 5mg		



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## The Chronic Disease List (CDL) Enhanced medicine list (formulary) for Netcare Medical Scheme

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Airathon 4mg; 5mg; 10mg
				Astelair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Montelukast lhc 4mg; 5mg; 10mg
	Topraz 4mg; 5mg; 10mg			
R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
			Fluticasone	Fluticasone OTC Teva 120 dose 50mcg
Cardiac failure	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
				Redifarg 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R435	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R465	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R325	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiotor 30 inh capsules with zelpir inhaler
R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250	
			Sereflo DPI 60 dose 50/100; 50/250; 50/500	
			Sereflo HFA 120 dose 25/50; 25/125; 25/250	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Chronic obstructive pulmonary disease (COPD)</b>	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250 Spirodisc 60 dose 50/100; 50/250; 50/500
	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg
<b>Chronic renal disease</b>	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
<b>Coronary artery disease</b>	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
				Clovexa 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
<b>Diabetes mellitus Type 2</b>	R330	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg
	R225	Anti-diabetic agents: Metformin and Sitagliptin	Metformin and Sitagliptin	Metplitin co 50/850mg; 50/1000mg
	R175	Dipeptidyl peptidase inhibitors: Sitagliptin	Sitagliptin	Metplitin 50mg; 100mg
	R175	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Zomvil 50mg
	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
Redifarg 10mg				
Sagalatin 10mg				
<b>Dysrhythmia</b>	R700	Anti-thrombotic agents: Direct Thrombin inhibitors: Dabigatran Etexilate	Dabigatran Etexilate	Dabigatran DRL 75mg; 150mg
	R700	Direct factor Xa inhibitors: Apixaban	Apixaban	Apixaban Accord 2.5mg; 5mg
				Apixaban DRL 2.5mg; 5mg
Eplipix 2.5mg; 5mg				
<b>Multiple sclerosis</b>	R6 160	Cytokines and immunomodulators: Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
				Copaxone pre-filled pen 1ml 40mg/1ml
	R4 560	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Glomatin 0.5mg
	R4 070	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Teriflunomide Adco 14mg
Teriflunomide 14 Teva 14mg				
<b>Rheumatoid arthritis</b>	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg



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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg

## Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 747	Insulin pump reservoirs and infusion sets

## Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

## Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

## The non-CDL medicine list (formulary) for Netcare Medical Scheme

Non-Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Austell-Citalopram 40mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg; 40mg
				Recita 20mg
			Tamomilt 20mg	
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Ranflocs 20mg
				Zydus Fluoxetine 20mg
			Paroxetine	Adco-Paroxetine 20mg
				Austell-Paroxetine 20mg
				Lenio 20mg
	Paroxetine Unicorn 20mg			
	Serrapress 20mg			
	Xet 20mg			
	Sertraline	Dyna Sertraline 50mg; 100mg		
		Serdep 50mg; 100mg		
		Serlife 50mg; 100mg		
		Tralidep 50mg; 100mg		
	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
				Amitriptyline 10mg Austell 10mg
Amitriptyline HCl Kiara 25mg				
Gulf Amitriptyline 25mg				
Veikirin 10mg; 25mg				
R390	Other anti-depressants: Noradrenergic and specific Serotonergic agents - Mirtazapine	Mirtazapine	Adco Mirteron 15mg; 30mg	
			Miradep 15mg; 30mg	
			Mylan Mirtazapine 15mg; 30mg	
			Mytra 15mg; 30mg	
R375	Other anti-depressants: NDRI's	Bupropion	Budep XR 150mg; 300mg	
			Bupropion XR Adco 150mg	
			Bupyra XL 150mg; 300mg	
			Prodyna XR 150mg; 300mg	



Non-Chronic Disease List condition	Chronic Drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R375	Other anti-depressants: NDRI's	Bupropion	Weldep XR 150mg; 300mg
	R180	Other anti-depressants: Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine	Duloxetine	Calmadep DR 30mg; 60mg
				Deotin 30mg; 60mg
				Duleve 30mg; 60mg
				Duloxetine MR Unicorn 30mg; 60mg
				Dulta 30mg; 60mg
				Duzela 30mg; 60mg
				Yelate 30mg; 60mg
	R290	Other anti-depressants: Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	Venlafaxine	Venlafaxine Adco 75mg; 150mg
				Venlor XR 75mg; 150mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 100mg
				Cloment 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Nezolap ODT 5mg; 10mg	
			Olandus 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
			Zylena 5mg; 10mg	



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Non-Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Abipip ODT 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
Rispacor 0.5mg; 1mg; 2mg; 3mg				
Rispide 0.5mg; 1mg; 2mg				
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Zoxadon ODT 0.5mg; 1mg; 2mg				

## Complaints process

You can lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you can lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You can, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)